



ST. JOHN'S ACADEMY SHAWNIGAN LAKE

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Dear SJA Staff,

Happy New Year and welcome back. With school starting back up next week, I want to make sure everyone is aware of the latest updates to the Covid-19 regulations for BC schools. Please carefully read through the following link.

[k-12-covid-19-health-safety-guidelines-addendum.pdf \(gov.bc.ca\)](#)

Below is a summary of a few important notes for staff.

- Staff daily health checks are once again mandatory. You will find the health check form at the office front desk. Please sign in at the beginning of your shift.
- If you are sick with Covid-19 symptoms, please stay home and follow public health orders. Please contact your supervisor as soon as you know that you will not be able to attend your shift. You will find an isolation instruction chart sent to us from FISA BC at the end of this document. Here is a link to check your symptoms from home: [BC COVID-19 Self-Assessment Tool \(thrive.health\)](#)
- Supervisors, please inform both the Human Resources Manager and Finance Manager if anyone in your department is taking a sick day.
- Should a student start to exhibit symptoms during the school day, please send the student masked, and with their belongings to the office where they will be assessed and taken to the medical room or quarantine room to await pick up.
- Masks are mandatory unless you have a mask exemption. If you forget your mask, we have both reusable and disposable masks for sale in the office. Bandanas and face shields are not accepted in place of a fitted mask. Masks can be removed for strenuous physical activities and while playing instruments. At the end of this document, you will see a mask chart sent to us by FISA BC.
- Staff meetings, assemblies, and school events need to be held virtually whenever possible

- Campus visitors must be limited to those that are supporting activities that are of direct benefit to student learning and wellbeing. If you are planning on having a guest speaker for your class, please have it approved by John D'Arcy in advance.
- Most of our dorm students did not travel internationally over winter break. They will each take the daily health check upon arrival, before entering their rooms. CYC staff will assist them with this. Some students that did travel internationally may get flagged to quarantine. We are prepared for this situation. If boarding students are required to quarantine, they will be joining lessons virtually
- Hybrid learning will be offered on a short-term basis for students whose parents aren't comfortable sending them to school. This will be assessed at the end of each week by John, and you will know if it will continue the following week. Bradley will provide you with more information on how this will look.
- We are going back to cohorts for lunch. Please see the schedule below.
 - ❖ Grades 4-6 will have lunch from 12:20-12:40 in the dining hall
 - ❖ Grades 7-9 will have lunch from 12:40 – 1:00pm in the dining hall
 - ❖ Grades 10-12 will have lunch from 1:00-1:20 in the mezzanine

Staff lunch starts at 11:45pm, however staff can eat any time during the lunch period. The staff room will be limited to 6 people, 3 at each table.

- Sport tournaments are not permitted at this time however practices and games still are.
- We must try to create as much space as possible in the classrooms. Desks are not to be facing each other. Please make sure all desks are in rows with as much space as possible in between.

Below are images from a power point sent to us from FISA BC on Face Coverings and Isolation guidelines. If you have any questions or concerns, please don't hesitate to contact me.

Wearing it Right:

- 3 ply minimum
- No exhalation valves permitted

Fit Matters:

- Cover breathing zone: chin to nose
- Double mask can enhance fit
 - disposable mask under well-fitted cloth mask

Exemptions:

- Reinforce other prevention measures (distancing, use masks when working face to face with others, in hallways only, etc)

2 disposable masks are not more protective than 1

Isolation and Ending Isolation

Stay home if you have symptoms or test + for COVID

- Report + rapid test to BCCDC [If You Have COVID-19 \(bccdc.ca\)](https://www.bccdc.ca)
- * Isolation is counted from the day after your symptoms start or, if asymptomatic, the day you received a positive test

Isolation and Return to normal activities when:

- **Vaccinated and minor illness:** 5 days in isolation
 - Plus: 24 hrs with no fever without fever-reducing medications and symptoms improving
 - Wear a mask whenever around others for an additional 5 days
- **Unvaccinated or moderate to severe illness:** 10 days in isolation
 - Plus: 24 hrs with no fever without fever-reducing medications and symptoms improving

If you have any questions or concerns, please don't hesitate to contact me.

Naomi Thomas

Human Resources Manager

